

**Monday**



**Park Meatballs in Tomato Sauce (G)**

or



**(v)(h) Vegetable Cottage Pie (G.D.SB)**

**Tuesday**



**(h) Mild Chicken Curry**

or



**(v) Cheese & Tomato Pizza Wedge (G.D)**

**Wednesday**



**Roast Pork, Apple Sauce**

or



**(vg) Quorn Roast, Apple Sauce (G)**

**Thursday**



**(v)(h) Broccoli & Sweetcorn Pasta (D.G)**

or



**(v) Plant Power Sausages (D)**

**Friday**



**Fish Fillet Fingers (F.G)**

or



**(v)(h) Cheese & Baked Bean Pasty (G.D)**

**Jacket Potatoes Every Day**



**(v) Cheese/Beans (D)**

or

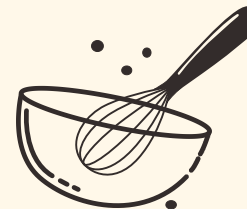
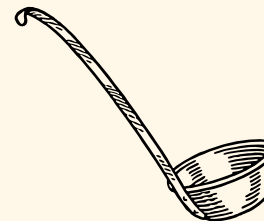


**(v) Cheese (D)**

or



**Tuna Mayonnaise (F.E)**



**Week 1 Dessert Menu**

**Monday**

**(v)(h) Honey & Ginger Cookie (G)**

**Tuesday**

**(vg)(h) Chocolate Cracknell (G)**

**Wednesday**

**(vg)(h) Jam Tart (G)**

**(v) Frozen Swirl Mousse (D)**

**Thursday**

**(v)(h) Eves Pudding (G.E.D)**

**(vanilla apple sponge cake)**

**Friday**

**(vg)(h) Flapjack (G)**

**(vg) Jelly with Fruit**

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

**Accompaniments may vary to those shown.**

**Pasta Options Available:**

Monday - (vg) Herby Tomato (G)

Tuesday - (v) Mac & Cheese (G.D.M)

Wednesday - Carbonara (G.D)

Thursday - (v) Pepperonata (G)

Friday - (v) Mascarpone Tomato & Basil (G.D)

**PLEASE NOTE** some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

**Allergen Key**

**VG-Vegan., V-Vegetarian,  
H-Homemade, G-Gluten/Wheat,  
C-Celery, S-Sesame, F-Fish,  
M-Mustard, SU-Sulphites, D-Dairy,  
E-Eggs, SB-Soyabean.**

